

nationalgrid

Desconecte el gas natural antes de iniciar una demolición o renovación.

Llame al **1-800-930-5003** para confirmar.



Este verano, vuela alto con **TOM TOURS**  
Tu Agencia de Viajes

GUATEMALA	\$428	ASUNCIÓN	\$662
EL SALVADOR	\$428	MONTEVIDEO	\$664
NICARAGUA	\$351	CHILE	\$746
HONDURAS	\$346	ARGENTINA	\$665
COSTA RICA	\$274	MÉXICO CITY	\$170
PANAMÁ	\$500	CANCÚN	\$168
ECUADOR	\$369	PUEBLA	\$296
GUAYAQUIL	\$375	BIENVENIDOS COURIERS Y PAQUETEROS	
COLOMBIA	\$306	STO. DOMINGO	\$170
CARTAGENA	\$260	SANTIAGO, RD.	\$170
PERÚ	\$509	SAN JUAN, PR	\$236

TARIFAS SUJETAS A ESPACIOS. LOS PRECIOS PUEDEN VARIAR. NO INCLUYEN IMPUESTOS.



**PAQUETES VACACIONALES** a Punta Cana • Disney • Miami Beach  
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**PRECIOS ESPECIALES** para Senior Citizens, Menores, Grupos Familiares, Clubs, Iglesias.

**HEMPSTEAD**  
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HEMPSTEAD, NY 11550  
**(516)539-7575**

**BRENTWOOD**  
750 SUFFOLK AVE,  
BRENTWOOD, NY 11717  
**(631)231-7777**



También contamos con oficinas de Manhattan, Queens y New Jersey.

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**tomtours.com**

Inscríbete a nuestro NEWSLETTER y recibe información de nuestros paquetes y promociones

# KOHL'S CARES KEEPING KIDS HEALTHY

Our 5-2-1-0 campaign is easy to remember and lets you work on one set of healthy habits at a time.

**5** Eat at least **5 SERVINGS** of fruits and vegetables a day.

Limit screen time to **2 HOURS** or less a day.

Get **1 HOUR** or more of physical activity every day.

**0** **ZERO** sugar sweetened beverages.

**Cohen Children's Medical Center**  
Northwell Health®

**KOHL'Scares**  
Kohl's Keeping Kids Healthy Program

Every day we make lots of choices and decisions that can impact our health. Some decisions involve what we eat, where we eat, what we drink, how we get to school or work and how we spend our free time. With overweight and obesity affecting so many of our youth today, parents and caregivers need tools to help establish good habits that can have a lasting impact on their family's health.

[kohlshealthykidsny.com](http://kohlshealthykidsny.com)