



Early Detection of Breast Cancer at BRMI

BY DR. JOSEPH ABRAMS

October is National Breast Cancer Awareness Month. One of every eight women will be diagnosed with breast cancer in her lifetime, making breast cancer the most commonly diagnosed cancer in women, and the second leading cause of death among women. The aim of Breast Cancer Awareness Month is to promote screening as the most effective weapon in the fight against breast cancer.

Too many people wait until they experience symptoms, like a palpable lump or nipple discharge, before they get a mammogram. By then, the cancer may be more difficult to treat and cure. That's why it is so important to have a screening mammogram once a year. When breast cancer is detected through annual screening, the vast majority of women are cured.

Mammography is the primary modality used to detect breast cancer. The American Cancer Society and the American College of Radiology recommend



yearly mammography screening after the age of 40. Additionally, screening may include breast ultrasound in women with dense breasts, and breast MRI in women at increased risk for breast cancer (e.g., family history, genetic predisposition, past breast cancer).

Bay Ridge Medical Imaging (BRMI) is proud to offer 3D/4D

mammography, a breakthrough technology in the diagnosis of breast cancer. This revolutionary procedure, also known as "tomosynthesis", enables BRMI radiologists to view the inside of the breast layer-by-layer using very low dose images. With the addition of 3D/4D tomosynthesis to the traditional mammogram, BRMI improves breast cancer detection while



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decreasing the number of patients called back for additional testing.

When a suspicious abnormality is detected, BRMI performs breast biopsies to diagnose the abnormality as benign or malignant. Biopsies can be performed under ultrasound, mammogram,

or MRI guidance. Often biopsies are performed on the same day as imaging. In patients with biopsy-proven breast cancer, BRMI offers breast MRI and PET/CT for staging.

For your convenience we are open 7 days a week. Late Evening appointments are also available.

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BRMI @ Narrows

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BRMI @ 5th Avenue

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BRMI @ Stillwell Avenue

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